

### **Elizabeth Seton Pediatric Center**

The Elizabeth Seton Pediatric Center is a 137-bed sub-acute pediatric facility for children with complex medical needs located in Yonkers, NY, 20-minutes north of New York City. We care for children with diverse and complex medical diagnoses. A significant number of our children demonstrate lower states of awareness, including children in persistent vegetative states or minimally conscious states. Due to the complexity of their diagnoses, a majority of our children are dependent in all activities of daily living, and many have severely restricted motor and communication skills.

Each year, our residential facility gives round-the-clock care to approximately 250 children and adolescents, birth to 21 years, from the surrounding areas of New York State. The children we care for are as ethnically and culturally diverse as the New York Metro Area itself. We respect the diverse cultural and religious practices of the families we serve, and empower parents to remain engaged in their children's care. Services are extended to children and their families regardless of their ability to pay, allowing us to meet the needs of many economically stressed families as well as children in foster care.

Children admitted to the Elizabeth Seton Pediatric Center enter a neighborhood where they receive child-centered, interdisciplinary team-based care. Housed on each neighborhood is a specialized interdisciplinary team comprised of a physician, nursing team leader, social worker, creative arts therapist, child life specialist, recreation therapist and rehabilitation therapists. The clinicians on each neighborhood collaborate to efficiently and comprehensively meet the unique needs of each resident and family.

## Music Therapy at ESPC

Employing a music-centered approach to music therapy, we partner with children to support them in their journey to achieve their highest level of health, independence and comfort. In addition, our music therapists strive to advance the practice and understanding of music therapy through education, clinical training and research. The music therapy department is staffed by four board-certified clinicians who provide quality services for our residents. Music Therapists provide services in a variety of areas including Palliative Care/End-of-Life Care, Rehabilitation Support, Pain Management, Social-Emotional Support/Development, Family Bonding, and Developmental Growth.

Music therapy sessions are designed to meet the unique needs of the resident. Specialized groups include community music therapy groups, DigiVoice Orchestra (promoting expressive communication and social engagement through use of assistive communication devices), Amp Your Voice (promoting vocalization and use of speaking valves), and Music Therapy for Infant Development (promoting developmental gains and social responsiveness). Our music therapy groups are supported by the presence of physical, occupational, speech, and recreation therapists, who provide co-treatment and support children during their group participation. Music therapists also facilitate "Recordings of Love", a family song-writing program, which engages families in the

process of creating audio recordings that can be used therapeutically with their children living at ESPC. When indicated, music therapists also co-treat with rehabilitation staff during individual sessions. The music therapists are actively involved in the Palliative Care program, providing individual sessions to residents and their families, environmental music therapy following the death of a resident, and music for memorial services. Need-specific music therapy groups and other expansions to programming are added as needs are identified.

The music therapy program at ESPC has a vibrant history of providing clinical training for music therapy fieldwork students, and is pleased to commence music therapy internships starting in 2012.

Our Music Therapists
Kristen O'Grady, MA, LCAT, MT-BC
Director of Creative Arts Therapies

**Deborah D'Angelo, MS, MT-BC, LCAT-LP** Music Therapy Clinical Training Coordinator

James Maxson, MM, LCAT, MT-BC Staff Music Therapist

**Suzanne Tribe, MA, LCAT, MT-BC** Staff Music Therapist

# The Music Therapy Internship

Completing an internship at the Elizabeth Seton Pediatric Center affords interns the opportunity to experience the richness of music therapy with a unique, yet diverse population. Music therapy interns serve as part of the interdisciplinary team including child life specialists, physicians, nurses, social workers, respiratory therapists, speech therapists, occupational therapists, physical therapists and recreation therapists. Interns carry a full clinical caseload while receiving weekly clinical supervision from the Internship Director. Interns will work with children on their caseload during individual sessions as well as during music therapy groups, as appropriate for the child. Aside from maintaining their own caseloads, interns will engage in clinical rotations with all of our staff music therapists to allow exposure to all areas of clinical practice. Consequently, interns will also receive additional supervision from the other supervising music therapists during such rotations. Depending upon scheduling, interns will have the opportunity to participate in daily clinical rounds, behavior management rounds, and palliative care rounds, as well as to partake in all phases of the resident care plan process.

The Pediatric Center affords numerous opportunities for continuing education, including including a palliative care lecture series, rehabilitation in-services, and frequent visiting lecturers on a wide variety of pertinent topics. Music therapy interns may have the chance to interact with other creative arts therapy interns, or to interface with music therapy fieldwork students, depending upon scheduling.

As many of our children attend special education schooling during daytime hours, music therapy interns may be asked to work a flexible schedule, including early evening or weekend hours to maximize their time with the children. A 37.5-hour per week schedule will be standard for the internship, though under certain circumstances, exceptions in scheduling may be considered. Housing is not available at this time, though we are able to provide a few recommendations based on the experiences of previous interns. Music therapy interns will be provided with a \$1,000 stipend. Interns are responsible for their own transportation to the site.

The internship will consist of 1,040 hours of clinical training, combining clinical work, supervision, participation in memorial services, staff training, special events and continuing education. Interns will maintain weekly reflective journals, which will be collected and read by the supervising music therapist. Additionally, interns will be required to complete and present a final project. The final project is a topic-focused case study, in which interns present their clinical work with a client as it relates to current research on a chosen topic. Interns will present this project to appropriate staff during the final month of the internship.

# **Eligibility and Application Process**

Applicants currently enrolled in an AMTA-approved academic institution are eligible to apply. Applicants must have achieved a grade "B" or better in all music therapy coursework. A qualified intern will demonstrate comfort and flexibility with guitar, piano, voice and hand/world percussion, as well as demonstrate the ability to communicate effectively in both verbal and written forms. Interns should demonstrate emotional maturity and cultural sensitivity in their practice, and strong willingness to learn. Due to the uniqueness of the population of children we serve, we believe it is essential that there is a good fit between an intern and our site. In order to assess this compatibility, the interview process is heavily weighed when considering the acceptance of interns.

Applicants should send a letter of interest accompanying the internship application and resume to:

Deborah Joyce D'Angelo, MS, MT-BC, LCAT-LP 300 Corporate Boulevard South Yonkers, NY 10701 (914) 294-6331 dd'angelo@setonpediatric.org

## **Final Interview and Audition**

Qualified applicants will be invited to visit the Center for an interview and audition. Applicants should prepare a repertoire of 5 songs appropriate for our clientele from memory on both piano and guitar. Applicants should also be prepared to demonstrate their musical flexibility utilizing piano, guitar, percussion and/or voice in response to a role playing situation with the interviewer. Musical creativity and flexibility is highly regarded within our program. Please see the "Audition Requirements" page for complete audition information. Applicants who are not able to travel to ESPC for an in-person interview will be asked to submit a DVD demonstrating musical skill and will complete a final interview via telephone.

Acceptance will be contingent on the successful completion of a New York State background check and health screening. All of these costs will be covered by the Pediatric Center. Interns will also be required to submit proof of liability and medical insurance. These costs will be covered by the intern. The deadline for applications is February 1<sup>st</sup> for internships beginning in July and August 1<sup>st</sup> for internships beginning in January. Only completed applications that are post-marked by those dates will be considered for internship acceptance.

# **Equal Employment Opportunity Policy Statement**

Equal Employment Opportunity has been, and will continue to be, a fundamental principle at The Pediatric Center, where employment is based upon personal capabilities and qualifications without discrimination because of race, color, religion, sex, age, national origin, disability, sexual orientation, gender identity or expression, or any other protected characteristic as established by law.



# **Music Therapy Internship Application**

Name:		
Permanent Address:		
City:	<b>State:</b>	<b>Zip:</b>
Email Address:		
Phone Number (home):	(cell):	
Desired Start Month:   January	☐ July	<ul><li>September</li><li>(University Affiliated only)</li></ul>
ACADEMIC BACKGROUND		
University/College:	Dates Attended: From To	
Major:	Minor/Areas of	Emphasis:
Graduation Date: Degree	Earned/Sought:	GPA:
University/College:	<b>Dates Attended</b>	: From To
Major:	Minor/Areas of	Emphasis:
Graduation Date: Degree	Earned/Sought:	=
Major Instrument:	Other Instruments:	
Music Therapy Academic Supervisor:		
Phone Number:	Email:	
ATTACHMENTS		

Please attach the following:

- 1. Current resume detailing practicum, and relevant work, music and volunteer experience
- 2. Three (3) letters of professional reference: One must be from the music therapy academic advisor confirming eligibility. The other two letters must be from a music therapy practicum supervisor and someone who has seen you interact with children (could be another practicum supervisor). Letters should be submitted in a sealed, signed envelope.
- 3. Official transcript in a sealed envelope
- 4. Answer the following questions with short essays:
  - a. Why are you interested in completing your internship at the Elizabeth Seton **Pediatric Center?**
  - b. What is your philosophy of music therapy?
  - c. What do you feel are your greatest strengths? What areas do you feel need more improvement?
  - d. What are you hoping to gain from interning at ESPC?

Please submit letter of interest, application and accompanying attachments to:

Deborah D'Angelo, MS, MT-BC, LCAT-LP **Elizabeth Seton Pediatric Center 300 Corporate Boulevard South** Yonkers, NY 10701



# **Music Therapy Internship Audition and Interview Requirements**

Applicants currently enrolled in an AMTA-approved academic institution are eligible to apply. Applicants must have achieved a grade "B" or better in all music therapy coursework. A qualified intern will demonstrate creativity and flexibility with guitar, piano, voice and hand/world percussion, as well as demonstrate the ability to communicate effectively in both verbal and written forms. Interns should demonstrate emotional maturity and cultural sensitivity in their practice, and strong willingness to learn. Due to the uniqueness of the population of children we serve, we believe it is essential that there is a good fit between an intern and our site. In order to assess this compatibility, the interview process is heavily weighed when considering the acceptance of interns.

## Required Musical Skills:

- Guitar
  - o Play (a minimum of) I, IV and V7 chords in the keys of C, D, E, G, and A using a variety of strumming patterns
  - o Accompany self while singing
  - o Perform at least 5 songs from memory appropriate for our clientele
- Piano
  - o Play (a minimum of) I, vi, IV, V7 chords in the keys of C, D, E, G, and A using a variety of styles
  - o Accompany self while singing
  - o Perform at least 5 songs from memory appropriate for our clientele
- Either Piano or Guitar
  - Sight-read simple compositions
  - o Harmonize simple compositions
  - \*\*Improvise original melodies, simple accompaniments and short pieces in a variety of moods and styles (with and without voice)—this skill is <a href="heavily">heavily</a> emphasized! We are looking for interns who have had some improvisation experience and are ready to further their skills.
- Percussion
  - o Utilize basic techniques on several standard and world percussion instruments
- Voice
  - o Lead group utilizing voice
  - Sing a basic repertoire of traditional and contemporary children's songs with a pleasing quality
- General Music
  - o Adapt, arrange, transpose and simplify music compositions for clients as appropriate
  - o Care for and tune instruments appropriately



# Required Clinical Skills:

- Demonstrate basic knowledge of existing music therapy methods, techniques, materials, and equipment with their appropriate applications
- Demonstrate basic knowledge of typical and atypical human systems and development
- Assess client strengths, weaknesses and potential
- Develop, document and execute appropriate goals and objectives
- Formulate music therapy experiences for individuals and groups based upon goals and objectives
- Utilize appropriate musical repertoire and musical instruments according to client needs, adapting and modifying as indicated
- Utilize appropriate methods for evaluating client responsiveness to therapeutic strategies Required Professional Skills:
  - Adhere to the AMTA Code of Ethics
  - Speak and write effectively and professionally
  - Accept criticism/feedback and identify personal strengths and weaknesses
  - Participate in supervision
  - Maintain professionalism and demonstrate ability to follow facility guidelines
  - Treat all persons with dignity and respect, regardless of differences in race, religion, ethnicity, sexual orientation, or gender identity/expression